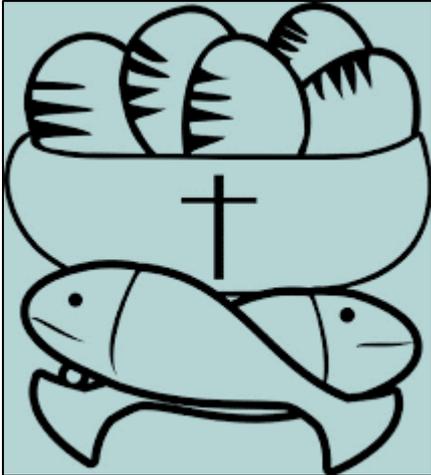


The Eighth Sunday After Trinity

Wishing you a safe and blessed Sunday



Lord you are the bread of heaven, giving life to the world.

You fill our emptiness with our goodness.

You come to our weakness with your strength.

Come, refresh, renew, restore us,

Jesus Christ our Lord,

who with the Father and the Holy Spirit

lives in glory everlasting. **Amen**

We pray that we may hunger and thirst after righteousness.

May we, your church, seek to care for the lost and the hungry in spirit, and offer them the sustenance of your good news.

We pray for all of those who study and teach the gospel.

Lord, you are the bread of life.

Feed us now and evermore.

We remember before you the starving peoples of our world,

those who are suffering from famine, poverty, and conflict,

all those whose lives are blighted by malnutrition and neglect.

Let the harvest of our world be neither hoarded or squandered.

Lord, you are the bread of life.

Feed us now and evermore.

We give you thanks for all who have fed and cared for us.

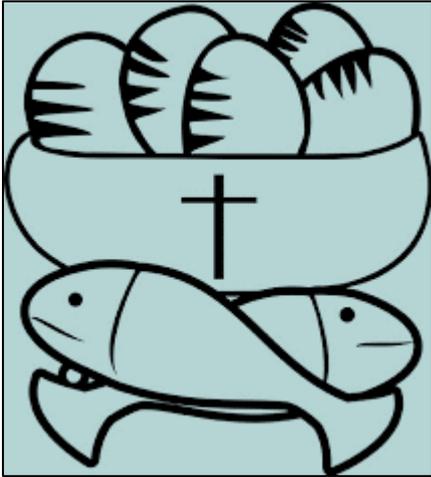
We remember with gratitude all who have shown us compassion and tenderness.

Lord, bless our loved ones, our homes, and our communities.

Fill us always with your peace.

Lord, you are the bread of life.

Feed us now and evermore.



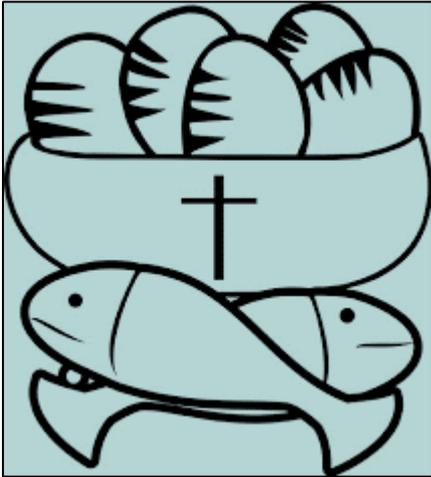
We pray for all who are feeling drained and empty,
all who have no energy or strength.
Lord, have compassion on the weary and the weak, the harassed and the helpless.
Bring them refreshment and hope.
Lord, you are the bread of life.
Feed us now and evermore.

Our Bible readings for this week:

Genesis 32: 22-31

Jacob Wrestles at Peniel

The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.



Matthew 14: 13-21

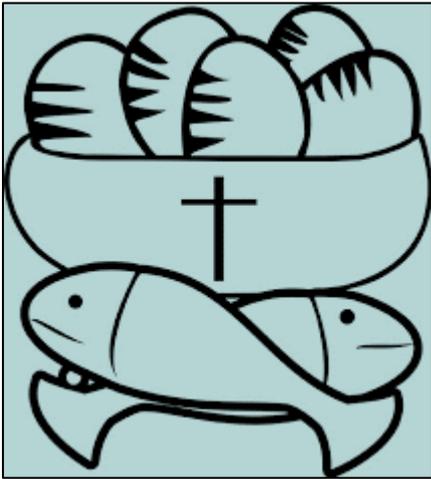
Feeding the Five Thousand

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Collect

Lord God,
 your Son left the riches of heaven
 and became poor for our sake:
 when we prosper, save us from pride,
 when we are needy, save us from despair,
 that we may trust in you alone;
 through Jesus Christ our Lord.

Amen



Jesus said:

‘They need not go away; you give them something to eat’



Blessing

The love of Jesus sustain us,
the joy of Jesus fill us,
the power of Jesus strengthen us,
and so may the blessing of God,
Father, Son and Holy Spirit,
be with us and our loved ones,
from this day and always.

Amen

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